

Historic estate for nature-lovers



Alphen is ideal for easy access to the countryside and wine-tasting. It's in the suburb of Constantia, flanked by wineries. Nature-lovers are spoilt, too, with Kirstenbosch Botanical Gardens and Table Mountain hikes just ten minutes away, says *The Sunday Times Travel Magazine*.

It is a historic estate that “feels like a country club revamped for the under-50s”. Guests in “slinky cozzies lie poolside, and don skinny jeans for dinner on the terrace”, and the 19 “boudoir-glam suites” have gold-lamé headboards and “tasselled ottomans and velvet cushions”.

- Suites cost from £140, B&B (Alphen.co.za; 00 27 21 795 6300).