



STONE & WOOD-FIRED OVEN BREADS:
HEALTH, PAIN DE MIE, SOURDOUGH, 70% RYE OR CIABATTA

CLASSICS

CRUSHED AVOCADO TOAST 65
Tahini seeds & boiled eggs

SMOKED SALMON BAGEL 105
Horseradish crème fraîche, fennel fonds,
capers & shallots

LA BELLE BREAKFAST 115
Cage-free eggs, smoked streaky bacon, beef sausage,
roma tomato & brown mushrooms

SOFT EGG SCRAMBLE 70
Finely minced herbs,
butter & cream cheese

THE BENEDICT
Poached cage-free eggs & tarragon hollandaise
SALMON 120
BACON 85

RICOTTA & ASPARAGUS OMELETTE 110
Grana padano, watercress & black pepper

GRILLED CHEESE & ASPARAGUS 90
Poached eggs, pain de mie toast, asparagus spears,
truffle aioli & cream cheese

MUSHROOM TARTINES 95
Exotic mushrooms, shallots, garlic, thyme,
grana padano & poached
cage-free eggs

FLAT BREAD EGGS 100
Fried eggs, herbed yogurt, sundried tomato pesto
& goats cheese

BAKED GOODS

STICKY BACON BUN 65
Cinnamon bun, smoked streaky bacon
& maple syrup

BRIOCHE FRENCH TOAST 90
Brown butter & maple syrup

BUTTERMILK PANCAKES 65
Vanilla, butter & honeycomb

THIS MORNING'S BREAD 55
Butter & jam

CEREALS, GRAINS & FRUITS

POWER SEED BIRCHER 80
Oats, sunflower, pumpkin & linseed, almond milk,
cinnamon, vanilla yoghurt, maple & seasonal berries

AMARANTH & ALMOND STEEL-CUT OATS 70
Almond milk, almond butter, toasted almond, banana,
coconut & honeycomb

GRANOLA CLUSTER 90
House-made granola, seasonal berries, yoghurt
& honeycomb

FARMERS' FRUIT 80
Seasonal fruit, yoghurt & honeycomb

RAW JUICES

FRESH JUICE 40

Choice of apple, carrot, orange & pear

C BREEZE 50

Grapefruit, pineapple, kiwi & raspberry

CHILLI QUEEN 50

Carrot, chilli, pineapple, lime & coriander

RED BEAUTY 50

Beetroot, carrot, celery & cucumber

GREEN PEACE 50

Celery, apple, cucumber & spinach

SMOOTHIES

MANGO MAGIC 60

Mango, pineapple & coconut milk

FRUIT LOOP 45

Raspberry, passion fruit, litchi & strawberry

BANANA BLISS 45

Banana, raspberry, litchi & low fat yoghurt

TROPICAL TANGO 45

Pineapple, kiwi & raspberry

VITAL HIGH 55

Pineapple, apple, banana & hemp seeds

GOLDEN GLOW 50

Turmeric, banana, ginger, pineapple, lemon juice & almond milk

MILKSHAKES

BERRY & WHITE CHOCOLATE 50

DOUBLE CHOCOLATE 50

BANANA & PEANUT BUTTER 50

THE PEPPERMINT CRISP 50

TEA SELECTION

BLACK

DARJEELING SUMMER GOLD 28

Black tea with a flowery elegance & a deliciously well-balanced aroma from india

ASSAM BARI 28

Strong, spicy & malty black tea from a region in India called assam

EARL GREY 28

Autumn darjeeling with the refreshing citrus aroma of bergamot

MASALA CHAI 28

Strong blend from assam with its famously exotic & powerfully hot spices

GREEN

GREEN DRAGON 28

Light green tea with a flurry of freshness

MOROCCAN MINT 28

Gunpowder green tea melded with fresh moroccan mint

HERBAL

DARJEELING SUMMER GOLD 28

Lemon balm, anise & a breathe of thyme

AYURVEDA HERBS & GINGER 28

Ayurveda with ginger, lemongrass & verbena

FRUITY CAMOMILE 28

Wholesome infusion of orange petals

ROOIBOS CREAM ORANGE 28

Rooibos, vanilla & a taste of ripe oranges

FRUIT

LEMON FRESH 28

Fruit infusion of lemon peels, lemongrass & apple

SWEET BERRIES 28

Sweet berry infusion made of native fruits & red berries